

## THE 2<sup>nd</sup> INTERNATIONAL CONFERENCE ON GUIDANCE AND COUNSELING

## "COUNSELING RESONANCES ON MENTAL HEALTH EMERGENCIES AND AWARENESS"

# INCREASING STUDENT LEARNING MOTIVATION THROUGH COMMUNITY COUNSELING IN THE 6.0 ERA

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#### **ABSTRACT**

This study aims to investigate how to improve students' learning spirit through counseling services in the era of Community 6. 0 This study used a qualitative method involving high school students as research subjects. Data were collected using the PRISMA approach which consists of 5 steps: setting inclusion criteria, determining sources of information, study selection, data collection, and data analysis. The study found that providing counseling in a community setting is effective in improving students' passion for learning by paying attention to internal drive, clearly defined learning goals, and increased aptitude as a result. The use of technology in counseling can increase accessibility for students and provide all-round support more effectively. In this case, counseling also plays a role in effectively developing students' leadership talents. The results of this study emphasize the importance of incorporating community counseling programs into educational programs, training for educational counselors, and research to create new and innovative counseling methods. Hopefully, students in the age of 6.0 can have a strong learning spirit, solid leadership, and readiness to face the challenges ahead.

Keywords: Learning Motivation, Community Counseling, Technology, Students.

## INTRODUCTION

In the 6.0 era characterized by rapid advances in digital technology, the way of learning has also undergone a huge change. Education is no longer conceptualized only in the classroom, but also using various digital platforms as tools in the teaching and learning process. Students are not only expected to understand the traditional subject matter, but also need to have the ability to adapt to the rapid changes. Students must be highly motivated to learn in order to compete globally in the face of increasingly complex challenges. The dynamics of learning in the 6.0 era presents unique pressures for students due to the various changes that occur. Education is vital in shaping an excellent generation. However, in the context of traditional education, sometimes the limited support provided by the educational environment can be an obstacle in improving students' learning motivation. Factors such as lack of personal attention, inadequate curriculum standards, and overloaded assignments often make students lose motivation and interest in learning, which in turn has a negative impact on their academic performance. Therefore, a new approach is needed that can provide more holistic and individualized support for students to increase their learning motivation. One approach that can be taken is through community counseling.

They must be able to adapt to various new learning methods that continue to develop, such as online learning, collaborative projects, and technology-based learning. In this context, learning motivation is the main key for students to remain relevant and competitive. Students who have high learning motivation tend to be more active, creative and innovative in solving problems, so they are able to face global competition better. However, amidst this variety of positive potential, there are also various challenges faced by students in maintaining motivation to learn. Increasingly tight competition, both locally and globally, often makes students feel pressured and stressed. They must be able to overcome fear of failure, anxiety about other people's expectations, and uncertainty about the future. Apart from that, rapid technological changes often make students feel overwhelmed in keeping up with these developments, so that their motivation to learn tends to decrease. Therefore, counseling is an effective approach in increasing student learning motivation in the 6.0 era. Through counseling, students can be invited to identify the source of their internal motivation, understand the true goals and values of learning, and overcome various psychological barriers that hinder motivation to learn. Apart from that, counseling can also help students develop adaptive thinking patterns, increase self-confidence, and better manage stress and pressure (Ana, 2023).

The importance of student learning motivation cannot be underestimated because high learning motivation will have a direct positive impact on student academic achievement. Students who have high learning motivation tend to be more diligent, persistent and enthusiastic in completing their school assignments. They also find it easier to overcome obstacles and challenges that arise in the teaching and learning process. On the other hand, students who have low learning motivation tend to be less enthusiastic about taking lessons, easily feel lazy, and are prone to experiencing boredom in the learning process. Apart from influencing academic achievement, learning motivation also plays an important role in students' personal development. High learning motivation can shape student characters such as perseverance, independence, and the ability to overcome problems. This will have a positive impact on students' daily lives, both within the scope of education and outside the school environment (Imroatul, 2021).

Apart from motivation and social skills, counseling in the community can also help in developing students' leadership qualities. The community is a suitable place to train students to become strong and responsible leaders. Through various activities and programs held in the community, students can learn to take initiative, lead teams, and develop their leadership potential. Thus, counseling in the community not only helps in increasing students' learning motivation, but also helps them become more qualified individuals and ready to face various challenges in the future. By considering the limitations of the traditional educational environment in providing sufficient support for student learning motivation, as well as the positive potential that the community has in supporting students through counseling, this new approach becomes relevant and important to apply to improve the quality of education in the increasingly complex and competitive 6.0 era. (Ahirrudin, 2024).

#### **METHOD**

This research uses a qualitative approach to explore students' experiences and perceptions regarding increasing learning motivation through counseling in the 6.0 era community. A qualitative approach allows researchers to explore in depth complex and multifaceted phenomena. Research will focus on students who feel academic pressure, have difficulty adapting to technological developments, and show signs of low learning motivation. This research will involve several representative school communities in the educational environment in the 6.0 era. Students who are research subjects will be selected purposively to obtain variations in the level of learning motivation and counseling experience in the community.

Collection Data collection is carried out using the PRISMA method, which is a systematic method for reviewing literature, research, or other studies. Related to the title and background description "Increasing student learning motivation through mentoring in the community in the 6.0 era", the application of the PRISMA method is carried out in five stages, namely:

## 1. Defining Eligibility Criteria:

At this stage, the researcher defines the inclusion and exclusion criteria related to the research topic. For example, the criteria might include studies that address the community counseling approach in enhancing students' learning motivation in the 6.0 era. While the exclusion criteria may include studies that do not focus on student learning motivation or that do not use a community counseling approach.

## 2.Determining sources of information:

Source search through Education journals and relevant research on. Sources may include academic databases such as Google Scholar, ResearchGate, or databases of relevant scientific journals on counseling and learning motivation.

## 3.Data Selection:

At this stage, researchers select data based on predetermined eligibility criteria. They review the title, abstract, and content of the article to ensure that the selected data are relevant to the research topic of increasing student learning motivation through community counseling in the 6.0 era.4. Data Collection.

## 4. Data Collection:

After selecting the data, we collected relevant information from each selected article or source. Through community consultation, we extracted important data regarding the research findings, methodology used and insights related to improving student learning engagement.

#### 5. Data Collection:

The final step in this study is data collection, where the researcher analyzes the information collected from various sources and compiles, synthesizes, and evaluates the results to answer the research questions and objectives of the literature review regarding increasing student learning motivation through community counseling in the 6th era.

## RESULT AND DISCUSSION

In the rapid technological change towards Era 6.0, the education sector is undergoing a transformation that requires adjustments from all parties involved. Not just understanding the material, but the ability to keep learning and adjusting quickly is the key to success in this era. In this situation, motivation to learn plays a very important role. Motivation to learn is not only the drive to achieve academic goals, but it is also the force that drives students to actively engage, develop creativity and create innovative solutions to overcome various complicated challenges. It also has a direct impact on academic performance; motivated students show higher levels of seriousness and perseverance when completing their school tasks. In an era filled with global competition and rapid technological development, high learning motivation is an important key in achieving student success. Learning with passion also helps shape one's personality, creating a foundation for grit, independence and the ability to overcome obstacles.

In the 6.0 era, community counseling approaches are proven to be effective for maintaining and enhancing learning motivation. With the help of counseling, students can receive comprehensive and individualized support to find their internal motivation and overcome psychological barriers that may interfere with their learning process. Therefore, it is important to understand and enhance students' learning motivation so that they can cope well with the complexities and challenges that exist in the ever-evolving era. This will not only improve their academic performance, but also shape individuals who are ready to face a complex world. (Maulana, 2022).

Community counseling involves a holistic approach with the aim of helping students recognize and understand their inner motivation to learn. It encourages a relationship between the student, the counselor, and the community to create a supportive environment for a deeper understanding of learning motivation. Community counseling does not only pay attention to the psychological aspects of individuals, but also considers external factors that affect students' learning motivation, such as the social environment, culture, and community norms. Therefore, community counseling aims to support students in understanding the challenges and opportunities in improving learning motivation according to their living and developmental conditions. Community counseling aims to increase students' enthusiasm for learning and help them overcome psychological barriers that may hinder their enthusiasm for learning. With counseling guidance, students are helped to understand the origins of their internal motivation, identify true learning goals and values, and overcome emotional or psychological barriers that may hinder their learning motivation. It also seeks to strengthen the bond between students and their community environment, so that they feel supported

and motivated to optimize their learning abilities. In other words, community counseling aims to not only focus on academic achievement, but also support students' overall personal growth. (Ibrahim, 2019). By applying counseling methods in a community setting, it is expected that students can experience a great positive impact in enhancing their passion for learning, forming a strong personality, and developing leadership skills. With this holistic approach, students will get more in-depth support in overcoming learning obstacles in the increasingly complicated and competitive 6.0 era (Idayanti, 2022).

In the era of change and pressure, addressing the challenges of student motivation becomes more complex. However, a counseling approach in a community setting can be an effective solution in addressing this. The principles of counseling in a community setting that focus on improving students' learning motivation can be applied in a holistic way and give strength to students. A holistic approach in community counseling is essential to understand the student as a whole. This requires a deep understanding of various aspects of the student's life, both academically and non-academically. By using a holistic approach, the counselor not only pays attention to individual learning motivation difficulties, but also considers other things that can have an impact on a student's enthusiasm for learning, such as environmental, social, emotional, and spiritual factors. With a deeper understanding of the students, counselors can provide more appropriate and personalized assistance according to the needs and personality of each student. Student empowerment is also a key principle in counseling services in the community with the aim of improving their learning spirit (Sukirno, 2010).

With the help of counselling, students are given the ability to recognize the obstacles that hinder their enthusiasm for learning, both from within themselves and from the surrounding environment. By understanding and overcoming these obstacles, students can increase their passion for learning and optimize their development. Student empowerment involves a student-focused learning process, where students are encouraged to take an active role in planning and achieving their learning goals (Rusdiana, 2020). In this way, counseling in a community setting not only provides a quick solution, but also provides students with the knowledge and expertise to manage their own learning motivation on an ongoing basis. By applying counseling methods centered on a holistic approach and empowering students in the community, it is expected that students can get thorough and efficient support in dealing with obstacles in learning motivation in the complex and dynamic 6. 0 era. Hopefully, students' academic achievement and individual growth can experience a significant improvement (Anggina, 2023).

By receiving counseling in the community, students can also hone strong and responsible leadership skills to build a strong leadership spirit. Counseling can provide assistance to students in recognizing their leadership talents, understanding useful leadership principles, and also honing the skills needed to be a successful leader. Therefore, students will not only be highly motivated to learn, but also have good leadership skills to lead themselves and others. The integration of technology and leadership development through social counseling has a positive impact on improving the quality of education in the 6.0 era. Students with a high spirit of learning and strong leadership skills are generally better prepared to face the challenges of a complicated and competitive era. They can be more independent, innovative and adaptable to continuous change. Thus, the concept in 6.0 era education to increase students' enthusiasm for learning through the use of technology and leadership development through counseling services in the community

is a solid foundation in creating a competent generation that is ready to compete at the global level (Kausar, 2020).

#### **CONCLUSION**

The conclusion from the above discussion is that student learning motivation has an important role in facing educational challenges in the 6.0 era which is full of digital technology dynamics. With a high level of learning motivation, students tend to be more active, creative, and able to overcome various obstacles and compete globally better. Community counseling is an effective approach in improving students' learning motivation by focusing on identifying internal sources of motivation, clear learning goals, and improving students' overall character. The implication of this research is the need for technology integration in the community counseling process to provide more efficient and holistic support to students. The use of digital platforms can facilitate students' access to in-depth and supportive counseling programs, thus helping them to overcome various barriers to learning motivation. In addition, leadership development is also an important aspect in improving students' learning motivation, where community counseling can help them develop effective leadership skills. For suggestions, it is recommended that educational institutions and the government integrate community counseling programs in the education curriculum as an effort to increase student learning motivation in the 6.0 era. Training for educational counselors is also important to ensure optimal quality of counseling services. In addition, it is necessary to continue developing innovative and adaptive counseling methods in accordance with technological developments and current educational dynamics. Thus, generations of students will have high learning motivation, strong leadership, and be ready to face complex challenges in the future.

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