



THE 1<sup>ST</sup> INTERNATIONAL CONFERENCE ON GUIDANCE AND COUNSELING  
“ENTERPREURSHIP IN GLOBAL COUNSELING”

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**ID, EGO, AND SUPER EGO ANALYSIS OF SOMEONE’S LOVE STORY**

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**ABSTRACT**

*This study aims to analyze the conflicts that occur in the romantic relationship experienced by Ibro, which is not in accordance with his expectations, and has a negative impact on his behavior and lifestyle. This conflict is studied in the context of Sigmund Freud's psychoanalytic theory, focusing on the id, ego, and superego. The research method used is descriptive qualitative method. Data were obtained through in-depth interviews with Ibro, which provided insight into Ibro's experiences and perceptions of the conflict that occurred in his romantic relationship. The results of the analysis show that the problems experienced by Ibro in his romantic relationship are rooted in the mismatch between expectations and reality. The disappointment felt by Ibro triggers negative behaviors, such as violating ethics and adopting a negative lifestyle. In the context of Freud's psychoanalytic theory, the negative behaviors and negative lifestyle can be attributed to the dominance of the id in Ibro's personality. Ibro tends to indulge in his emotions and express them in a negative way, as a mechanism to vent the disappointment he feels. The conclusion of this study shows that conflict in a romantic relationship can have a negative impact on a person's behavior and lifestyle. Freud's psychoanalytic theory, particularly the concepts of id, ego, and superego, provides a deeper understanding of how psychological dynamics influence an individual's response and behavior in dealing with such conflicts. Through the use of descriptive qualitative methods, this study describes in detail Ibro's experiences and perceptions of conflict in his romantic relationship.*

Keywords : Love relationship conflict, negative impact, psychoanalysis, id, ego, superego.

### **INTRODUCTION**

This research has significant urgency because studying conflicts in romantic relationships that do not match expectations can provide a better understanding of the complex dynamics in human interactions. This kind of conflict occurs frequently in everyday life, and analyzing it can provide valuable insights for individuals facing similar situations. The purpose of this study is to identify and analyze the root causes of the conflict in the romantic relationship experienced by Ibro. By understanding the factors that influence the occurrence of these conflicts, we can provide useful guidance to other individuals in facing and overcoming conflicts in their relationships. In this study, Sigmund Freud's psychoanalytic theoretical framework is used as the main analytical tool. The concept of id, ego, and superego in Freud's psychoanalysis will provide an understanding of the unconscious dynamics and the role of these three elements in conflict in romantic relationships. By integrating Freud's psychoanalytic theory in the analysis of the conflict in a romantic relationship experienced by Ibro, this study hopes to provide a deeper insight into the psychological aspects involved in such a conflict. The results of this study are expected to provide a better understanding of how the relationship between the id, ego, and superego can affect an individual's behavior and life patterns when facing conflict in a romantic relationship.

### **METHODOLOGY**

The number of types of methods that can be used in a scientific research qualitative descriptive method is the most appropriate for our group research this time. This research method aims to describe and understand phenomena or events in detail and more deeply. This method focuses on qualitative explanations through interviews. Interview techniques in a qualitative study are in the form of conversations that have a specific purpose and purpose to dig up information that contains formal questions to find out in depth about the causes and consequences caused by feelings that are not reciprocated as expected. With the object of the interview a 20-year-old male teenager who experienced several love affairs that ended not as he expected.

### **RESULT AND DISCUSSION**

The conflict experienced by Ibro is related to his feelings of love for his girlfriend and the response he received after expressing his feelings. Ibro has developed a close relationship with his female friend through intense communication through chats, meetings, and joint activities. Ibro began to feel more than just friendship and decided to confess his feelings. However, after Ibro expressed his feelings, his female friend stayed away and avoided him. Ibro felt disappointed, hurt and confused by this change. He felt that his feelings were not accepted and responded positively by his girlfriend. This conflict triggered severe stress in Ibro's life, which manifested through symptoms such as sleep disturbances, decreased appetite, increased stomach acid, dangerous driving behavior, and emotional confusion. If we analyze the problems experienced by Ibro from a psychological perspective, related to Sigmund Freud's psychoanalytic theory of the id, ego, and superego, it can be said that humans have a psychological structure consisting of these three

elements. Although these three elements are separate, they still interact with each other. The id can be considered the basis of a person's personality. It represents basic natural needs, such as eating, drinking, and sex. The id works on the pleasure principle, which means it seeks instant gratification of human wants and needs. When these needs are not met, a person may feel tense, anxious, or angry. The ego is responsible for dealing with reality and realities. The ego tries to fulfill the id's desires in a socially acceptable way. For example, the ego can delay gratification and help reduce the tension felt by the id if the desire is not fulfilled immediately. The ego also understands that others also have needs and wants. The superego is the moral aspect of a person's personality, which is influenced by parental upbringing, norms, and values in society. The superego is based on morals and judgments about right and wrong. Although the superego and ego can come to an agreement in decision-making, the superego's reasoning in making decisions is based more on moral values, while the ego's decisions are more influenced by the views of others. In Ibro's case, his negative behaviors, such as often violating ethics and having bad habits such as not wanting to eat which endangers his health, can be interpreted as the result of romance problems that make him feel disappointed. This shows that Ibro's id is more dominant than his superego.

### CONCLUSION

Based on the inner conflict experienced by Ibro, we can know that if the ID in the self is greater, it can cause bad things done by Ibro. so to achieve a balanced personality, it is important for a person to be able to balance and control between ID, Ego, and Super ego in each of them. The Ego must be able to control the desires of the ID by considering the norms and morals of the Super Ego. this balance is what Ibro does not yet have. Ibro is still unable to balance the ID he has on himself by balancing the norms and morals that must be considered as well. if a person can balance between ID, Ego, and Super Ego, it can control the individual's ability to fulfill their basic needs in a realistic and acceptable manner without harming themselves and others.

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- Jurnal Pendidikan Bahasa Jepang Undiksha (2021) konflik batin tokoh kibitsuji muzan dalam manga kimetsu no yaiba
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